

Negative enquiry

by Karl Tomm and Jill Acton, 2011



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I must have done something that upset you, what was it?

You really hurt me when you ...

What else did I do that hurt you? Can you tell me more?

You also ...
And you ...

What kinds of things did I fail to do that upset you?

You could have ...
But, instead you ...

In what way were these things so hurtful?
What did it mean to you?

What was most upsetting was ...

On what other occasions did I do similar things?
Is there anything else?

You often ...
And you seldom ...

Thank you for sharing. I will think about what you said and we can talk again later.

Okay, We will talk again later.